



Student Advisory Purpose

Developmental Approach Personalized Learning Relationship-Centered



Student Advisory: Core Purpose

1. Community Building:

To build an inclusive, safe community with positive peer and adult relationships.

2. Personal Development:

To support students through the development of their identity as a scholar and individual.

3. Academic Monitoring

To support students in their academic progress, goal attainment and overall academic success.

4. College & Career Ready:

To ensure all students graduate college-prepared and career-ready.



Student Advisory: Essential Components

- 1. <u>Community Building</u>: To build an inclusive, safe community with positive peer and adult relationships.
 - a. Foster positive relationships (peer-peer, peer-adult, peer-community) to ensure students feel connected to at least one adult on campus.
 - b. Deepen students understanding of inclusion and diversity.
 - c. Create connections to and involvement with surrounding community.
 - d. Build problem-solving and conflict resolution skills.
- 2. <u>Personal Development:</u> To support students through the development of their identity as a scholar and individual.
 - a. Provide means of exploring various aspects of identity.
 - b. Promote ethnic/cultural identity development and awareness.
 - c. Help advisees develop behaviors, skills and attitudes necessary for success.
 - d. Integrate social-emotional and restorative practices to develop the whole student.
 - e. Utilize trauma-informed practices to encourage holistic development of students.
- 3. <u>Academic Monitoring</u>: To support students in their academic progress, academic self-concept, and overall academic success.
 - a. Monitor students' academic goals and progress towards graduation.
 - b. Advise students on academic decisions and academic achievement.
 - c. Provide instruction in successful learning and study habits.
 - d. Share information and resources in school and community.

4. <u>College & Career Ready:</u> To ensure all students graduate college-prepared and career-ready.

- a. Help students create goals for post-secondary life.
- b. Expose students to a myriad of college and career options.
- c. Ensure students have the necessary resources and information to prepare for college.



Student Advisory: Practices

- 1. <u>Community Building</u>: To build an inclusive, safe community with positive peer and adult relationships.
 - a. Relationship-building
 - b. Team-building activities
 - c. Weekly check-in
 - d. Individual Conferencing
 - e. Celebrations
 - f. Local community outreach and service projects
 - g. Makerspaces
- 2. <u>Personal Development:</u> To support students through the development of their identity as a scholar and individual.
 - a. Social-Emotional Learning (self-efficacy, self-management, social awareness)
 - b. Growth mindset
 - c. Ethnic identity development
 - d. Culturally and Linguistically Responsive lessons
 - e. Self-advocacy
 - f. Restorative practices
 - g. Trauma-informed practices
 - h. 40 Developmental Assets building

3. <u>Academic Monitoring:</u> To support students in their academic progress, academic self-concept, and overall academic success.

- a. Academic conferencing individually with students
- b. Course and college counseling
- c. Portfolio-building by grade level
- d. Learning styles
- e. Study skills

4. <u>College & Career Ready:</u> To ensure all students graduate college-prepared and career-ready.

- a. SMART goal setting: short and long term
- b. Resume building and review
- c. Test preparation
- d. College and career resources
- e. Service-learning and volunteering



ASCA National Standards for Students

Academic Development

<u>Standard A:</u> Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.

- A:A1 Improve Academic Self-concept
- A:A1.1 Articulate feelings of competence and confidence as learners
- A:A1.2 Display a positive interest in learning
- A:A1.3 Take pride in work and achievement
- A:A1.4 Accept mistakes as essential to the learning process
- A:A1.5 Identify attitudes and behaviors that lead to successful learning
- A:A2 Acquire Skills for Improving Learning
- A:A2.1 Apply time-management and task-management skills
- A:A2.2 Demonstrate how effort and persistence positively affect learning
- A:A2.3 Use communications skills to know when and how to ask for help when needed
- A:A2.4 Apply knowledge and learning styles to positively influence school performance
- A:A3 Achieve School Success
- A:A3.1 Take responsibility for their actions
- A:A3.2 Demonstrate the ability to work independently, as well as the ability to work cooperatively with other students
- A:A3.3 Develop a broad range of interests and abilities
- A:A3.4 Demonstrate dependability, productivity and initiative
- A:A3.5 Share knowledge

<u>Standard B</u>: Students will complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.

- A:B1 Improve Learning
- A:B1.1 Demonstrate the motivation to achieve individual potential
- A:B1.2 Learn and apply critical-thinking skills
- A:B1.3 Apply the study skills necessary for academic success at each level
- A:B1.4 Seek information and support from faculty, staff, family and peers
- A:B1.5 Organize and apply academic information from a variety of sources
- A:B1.6 Use knowledge of learning styles to positively influence school performance
- A:B1.7 Become a self-directed and independent learner
- A:B2 Plan to Achieve Goals
- A:B2.1 Establish challenging academic goals in elementary, middle/ jr. high and high school
- A:B2.2 Use assessment results in educational planning



- A:B2.3 Develop and implement annual plan of study to maximize academic ability and achievement
- A:B2.4 Apply knowledge of aptitudes and interests to goal setting
- A:B2.5 Use problem-solving and decision-making skills to assess progress toward educational goals
- A:B2.6 Understand the relationship between classroom performance and success in school
- A:B2.7 Identify post-secondary options consistent with interests, achievement, aptitude and abilities

<u>STANDARD C</u>: Students will understand the relationship of academics to the world of work and to life at home and in the community.

- A:C1 Relate School to Life Experiences
- A:C1.1 Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life
- A:C1.2 Seek co-curricular and community experiences to enhance the school experience
- A:C1.3 Understand the relationship between learning and work
- A:C1.4 Demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals
- A:C1.5 Understand that school success is the preparation to make the transition from student to community member
- A:C1.6 Understand how school success and academic achievement enhance future career and vocational opportunities

Career Development

<u>Standard A</u>: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

- C:A1 Develop Career Awareness
- C:A1.1 Develop skills to locate, evaluate and interpret career information
- C:A1.2 Learn about the variety of traditional and nontraditional occupations
- C:A1.3. Develop an awareness of personal abilities, skills, interests and motivations
- C:A1.4 Learn how to interact and work cooperatively in teams
- C:A1.5 Learn to make decisions
- C:A1.6 Learn how to set goals
- C:A1.7 Understand the importance of planning
- C:A1.8 Pursue and develop competency in areas of interest
- C:A1.9 Develop hobbies and vocational interests
- C:A1.10 Balance between work and leisure time
- C:A2 Develop Employment Readiness



- C:A2.1 Acquire employability skills such as working on a team, problem- solving and organizational skills
- C:A2.2 Apply job readiness skills to seek employment opportunities
- C:A2.3 Demonstrate knowledge about the changing workplace
- C:A2.4 Learn about the rights and responsibilities of employers and employees
- C:A2.5 Learn to respect individual uniqueness in the workplace
- C:A2.6 Learn how to write a résumé
- C:A2.7 Develop a positive attitude toward work and learning
- C:A2.8 Understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace
- C:A2.9 Utilize time- and task-management skills

<u>Standard B:</u> Students will employ strategies to achieve future career goals with success and satisfaction.

- C:B1 Acquire Career Information
- C:B1.1 Apply decision-making skills to career planning, course selection and career transition
- C:B1.2 Identify personal skills, interests and abilities and relate them to current career choice
- C:B1.3 Demonstrate knowledge of the career-planning process
- C:B1.4 Know the various ways in which occupations can be classified
- C:B1.5 Use research and information resources to obtain career information
- C:B1.6 Learn to use the Internet to access career-planning information
- C:B1.7 Describe traditional and nontraditional career choices and how they relate to career choice
- C:B1.8 Understand how changing economic and societal needs influence employment trends and future training
- C:B2 Identify Career Goals
- C:B2.1 Demonstrate awareness of the education and training needed to achieve career goals
- C:B2.2 Assess and modify their educational plan to support career
- C:B2.3 Use employability and job readiness skills in internship, mentoring, shadowing and/or other work experience
- C:B2.4 Select coursework that is related to career interests
- C:B2.5 Maintain a career-planning portfolio

<u>Standard C</u>: Students will understand the relationship between personal qualities, education, training and the world of work.

- C:C1 Acquire Knowledge to Achieve Career Goals
- C:C1.1 Understand the relationship between educational achievement and career success



- C:C1.2 Explain how work can help to achieve personal success and satisfaction
- C:C1.3 Identify personal preferences and interests influencing career choice and success
- C:C1.4 Understand that the changing workplace requires lifelong learning and acquiring new skills
- C:C1.5 Describe the effect of work on lifestyle
- C:C1.6 Understand the importance of equity and access in career choice
- C:C1.7 Understand that work is an important and satisfying means of personal expression
- C:C2 Apply Skills to Achieve Career Goals
- C:C2.1 Demonstrate how interests, abilities and achievement relate to achieving personal, social, educational and career goals
- C:C2.2 Learn how to use conflict management skills with peers and adults
- C:C2.3 Learn to work cooperatively with others as a team member
- C:C2.4 Apply academic and employment readiness skills in workbased learning situations such as internships, shadowing and/or mentoring experiences

Personal/Social Development

<u>Standard A:</u> Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

- PS:A1 Acquire Self-knowledge
- PS:A1.1 Develop positive attitudes toward self as a unique and worthy person
- PS:A1.2 Identify values, attitudes and beliefs
- PS:A1.3 Learn the goal-setting process
- PS:A1.4 Understand change is a part of growth
- PS:A1.5 Identify and express feelings
- PS:A1.6 Distinguish between appropriate and inappropriate behavior
- PS:A1.7 Recognize personal boundaries, rights and privacy needs
- PS:A1.8 Understand the need for self-control and how to practice it
- PS:A1.9 Demonstrate cooperative behavior in groups
- PS:A1.10 Identify personal strengths and assets
- PS:A1.11 Identify and discuss changing personal and social roles
- PS:A1.12 Identify and recognize changing family roles
- PS:A2 Acquire Interpersonal Skills
- PS:A2.1 Recognize that everyone has rights and responsibilities
- PS:A2.2 Respect alternative points of view
- PS:A2.3 Recognize, accept, respect and appreciate individual differences
- PS:A2.4 Recognize, accept and appreciate ethnic and cultural diversity
- PS:A2.5 Recognize and respect differences in various family configurations
- PS:A2.6 Use effective communications skills



- PS:A2.7 Know that communication involves speaking, listening and nonverbal behavior
- PS:A2.8 Learn how to make and keep friends

<u>Standard B</u>: Students will make decisions, set goals and take necessary action to achieve goals.

- PS:B1 Self-knowledge Application
- PS:B1.1 Use a decision-making and problem-solving model
- PS:B1.2 Understand consequences of decisions and choices
- PS:B1.3 Identify alternative solutions to a problem
- PS:B1.4 Develop effective coping skills for dealing with problems
- PS:B1.5 Demonstrate when, where and how to seek help for solving problems and making decisions
- PS:B1.6 Know how to apply conflict resolution skills
- PS:B1.7 Demonstrate a respect and appreciation for individual and cultural differences
- PS:B1.8 Know when peer pressure is influencing a decision
- PS:B1.9 Identify long- and short-term goals
- PS:B1.10 Identify alternative ways of achieving goals
- PS:B1.11 Use persistence and perseverance in acquiring knowledge and skills
- PS:B1.12 Develop an action plan to set and achieve realistic goals

<u>Standard C</u>: Students will understand safety and survival skills.

- PS:C1 Acquire Personal Safety Skills
- PS:C1.1 Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact)
- PS:C1.2 Learn about the relationship between rules, laws, safety and the protection of rights of the individual
- PS:C1.3 Learn about the differences between appropriate and inappropriate physical contact
- PS:C1.4 Demonstrate the ability to set boundaries, rights and personal privacy
- PS:C1.5 Differentiate between situations requiring peer support and situations requiring adult professional help
- PS:C1.6 Identify resource people in the school and community, and know how to seek their help
- PS:C1.7 Apply effective problem-solving and decision-making skills to make safe and healthy choices
- PS:C1.8 Learn about the emotional and physical dangers of substance use and abuse
- PS:C1.9 Learn how to cope with peer pressure
- PS:C1.10 Learn techniques for managing stress and conflict
- PS:C1.11 Learn coping skills for managing life